

## Fox Eyes

The **Fox Eyes** trend, popularized by celebrities and social media, is all about achieving a sleek, lifted, and almond-shaped eye appearance that exudes youthfulness and elegance.

### Canthoplasty for a Sleek, Youthful, and Exotic Look

**Canthoplasty**, a surgical procedure, is one of the most effective ways to achieve this look. If you're looking to enhance the shape of your eyes and create a more exotic, captivating gaze, canthoplasty might be the perfect solution for you.

#### What is Canthoplasty?

Canthoplasty is a surgical procedure that reshapes and lifts the outer corners of the eyes, creating a more elongated and almond-shaped appearance. This procedure can also address functional issues, such as eyelid laxity or drooping, while enhancing the aesthetic appeal of the eyes. The result is a lifted, youthful, and slightly exotic look often referred to as **Fox Eyes**.

#### Who is a Good Candidate for Canthoplasty?

Canthoplasty is ideal for individuals who:

- Desire a more lifted and almond-shaped eye appearance.
- Have naturally downturned or drooping outer corners of the eyes.
- Want to achieve the trendy Fox Eyes look.
- Have excess skin or laxity around the outer corners of the eyes.
- Are in good overall health and have realistic expectations about the results.

During your consultation, Dr. Buğra İpek will evaluate your eye anatomy, discuss your goals, and determine if you are a suitable candidate for this procedure.

## The Benefits of Canthoplasty

Canthoplasty offers both aesthetic and functional benefits, including:

- **Lifted Eye Shape:** The procedure creates a more youthful and exotic appearance by lifting the outer corners of the eyes.
- **Improved Eye Symmetry:** Canthoplasty can correct asymmetry between the eyes.
- **Enhanced Facial Harmony:** The eyes appear more balanced and harmonious with the rest of the face.
- **Functional Improvement:** For patients with eyelid laxity or drooping, canthoplasty can improve vision and reduce irritation.
- **Long-Lasting Results:** The effects of canthoplasty are permanent, providing a lasting transformation.

## The Canthoplasty Procedure

Canthoplasty is performed under local anesthesia with sedation or general anesthesia and typically takes 1 to 2 hours. Here's what to expect:

1. **Incisions:** Dr. İpek will make small, carefully planned incisions at the outer corners of the eyes. These incisions are designed to be as inconspicuous as possible.
2. **Tissue Adjustment:** The underlying tissues and muscles are adjusted to lift and reshape the outer corners of the eyes.
3. **Suturing:** The incisions are closed with fine sutures, which are typically removed after a few days.
4. **Recovery:** The eyes are bandaged to support the healing process, and you will be given detailed aftercare instructions.

## Recovery After Canthoplasty

Recovery time varies for each patient, but most individuals can return to light activities within a week. Here's what to expect during the recovery process:

- **Immediate Post-Op:** You may experience swelling, bruising, and mild discomfort, which can be managed with prescribed pain medication.
- **First Few Days:** You will need to keep your head elevated and avoid strenuous activities. Cold compresses can help reduce swelling.
- **Long-Term Care:** Swelling and bruising will gradually subside, and final results will become apparent within a few weeks. Dr. İpek will provide detailed aftercare instructions to ensure a smooth recovery.

### Why Choose Dr. Buğra İpek for Canthoplasty?

Dr. Buğra İpek is a highly skilled and experienced plastic surgeon specializing in facial procedures, including canthoplasty. With a patient-centered approach, Dr. İpek prioritizes your safety, comfort, and satisfaction. He takes the time to understand your goals and creates a personalized treatment plan to achieve natural-looking, proportionate results.

### Frequently Asked Questions (FAQs)

#### 1. How long do the results last?

The results of canthoplasty are permanent, although the natural aging process may cause subtle changes over time.

#### 2. Will I have visible scars?

Scars are an inevitable part of the procedure, but they are carefully placed to be as inconspicuous as possible and will fade over time.

### **3. Can I combine canthoplasty with other procedures?**

Yes, many patients choose to combine canthoplasty with other procedures, such as blepharoplasty (eyelid surgery) or brow lift, for a more comprehensive rejuvenation.

### **4. When will I see the final results?**

While initial results will be visible once swelling and bruising subside, the final results will become apparent within a few weeks.

If you're considering canthoplasty to achieve the Fox Eyes look, schedule a consultation with Dr. Buğra İpek to discuss your options and take the first step toward a more youthful, exotic, and confident you.

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